

Jill's Joyful Kitchen



Chocolate Cherry Almond Smoothie

- $\frac{3}{4}$ cup frozen cherries
- $\frac{1}{8}$ teaspoon almond extract
- 1 heaping teaspoon cacao
- $\frac{3}{4}$ cup almond milk, more as needed
- 1 teaspoon chia seeds
- 1 medjool date, pitted
- 1 tablespoon agave nectar (more if you prefer sweeter)
- $\frac{1}{2}$ cup crushed ice

Place all ingredients in a blender and blend until smooth.